

# Grind Theory

The Struggle is Real and the Struggle to be Real!

## The Year was 1978

## The Y

### Terry Bradshaw: MAN OF STEEL

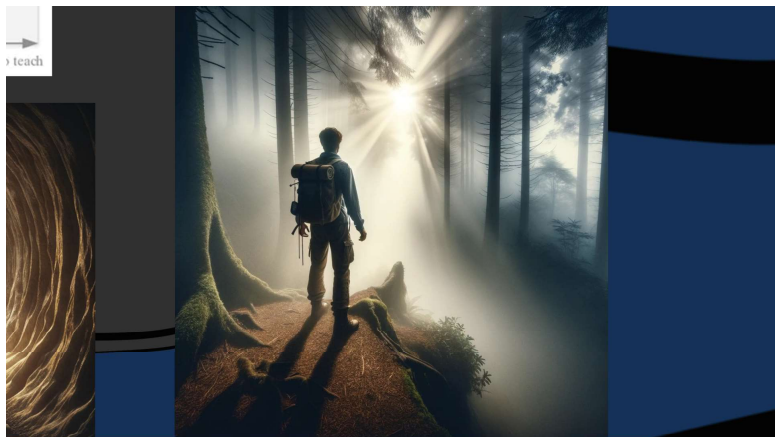
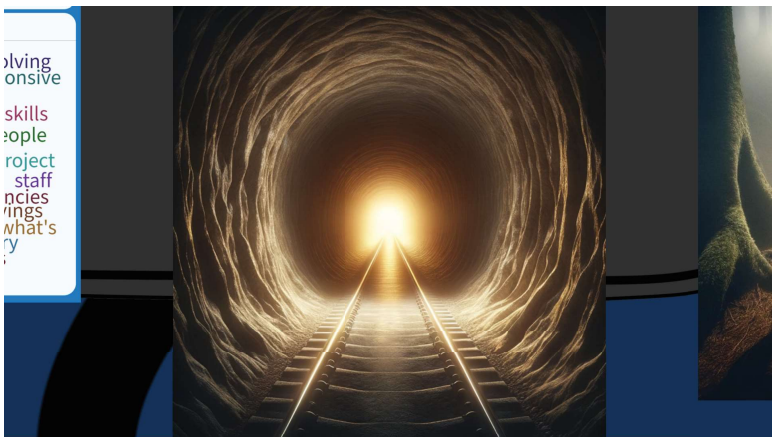
Terry Bradshaw with David Diles



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### Healthcare Facility Manager/Director Competencies

security respectful environment intelligence solving  
 communications leadership experience responsive  
 problem architecture compliance engineering  
 walls accountability person competence skills  
 integrity code respect trust energy people  
 plan data yo service 24/7 customer project  
 team behind communication critical staff  
 hospital risk construction expertise codes accreditation savings  
 safety dependable management conservation what's  
 knowledge competency assessments proprietary  
 servant prevention integration leader regulations



### A Grind Story

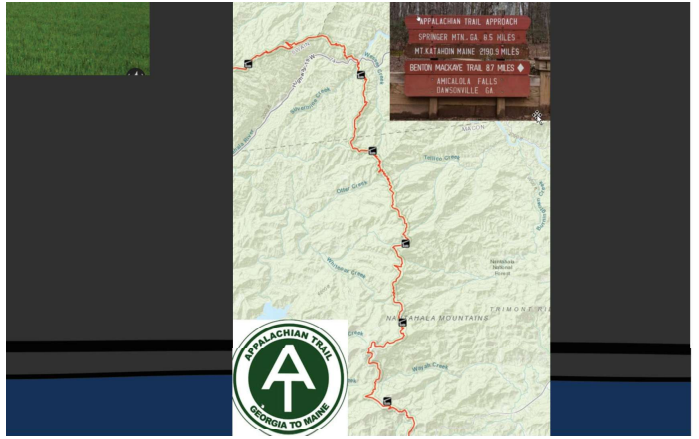
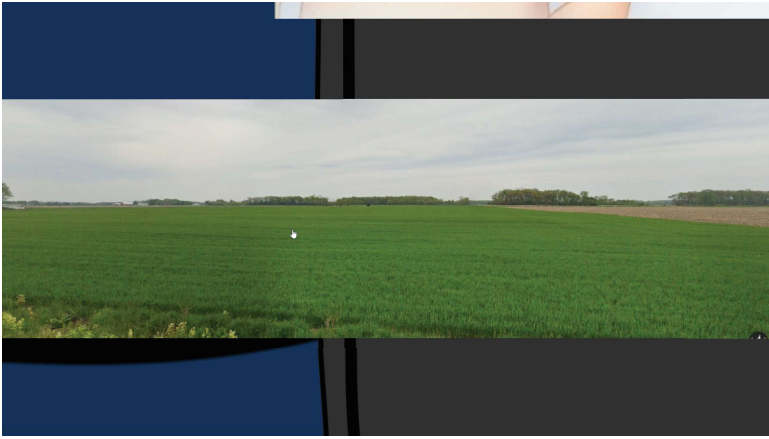
What is pneumonia?  
 Pneumonia is a lung infection that affects the air sacs (alveoli) at the end of the airways. The infection interferes with the delivery of oxygen from the air sacs into the blood and the removal of carbon dioxide from the blood.

**Career Credential / Academic Ladder**

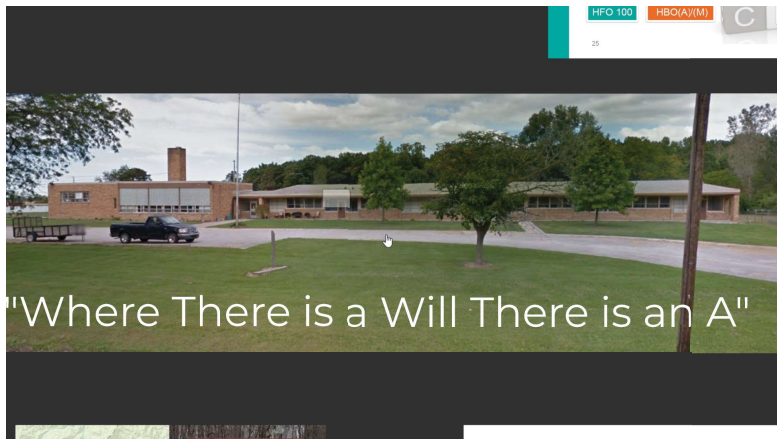
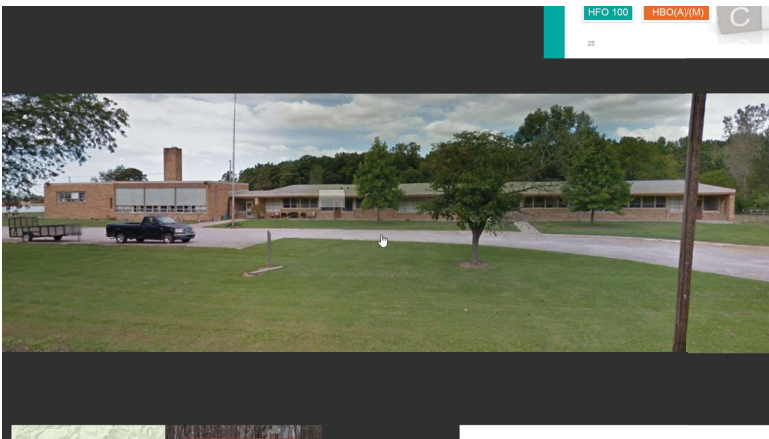
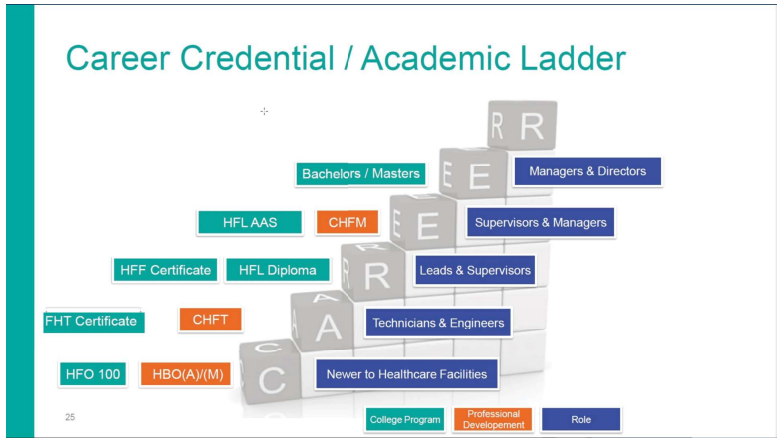
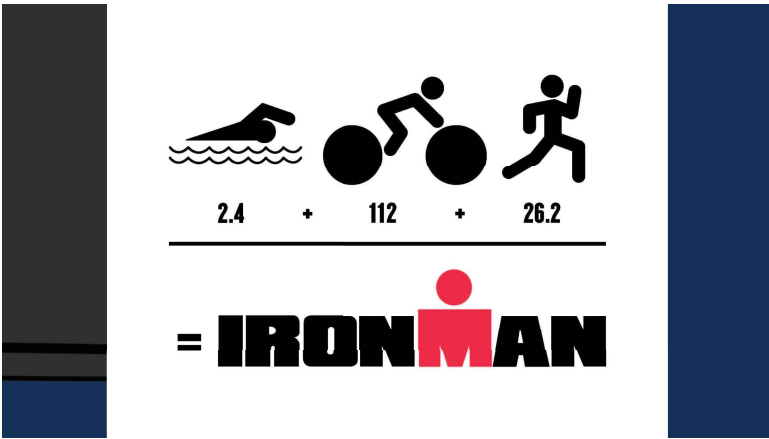
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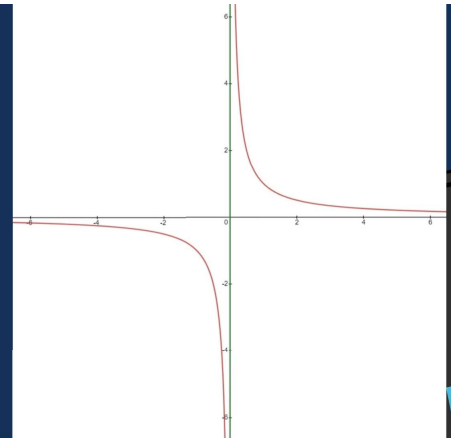
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# When Struggle Leads to Quitting

Personal Helplessness

That's just the way I am...



# When Struggle

Personal Helplessness

That's just the way I am...  
There's nothing I can do...  
I am no good at....

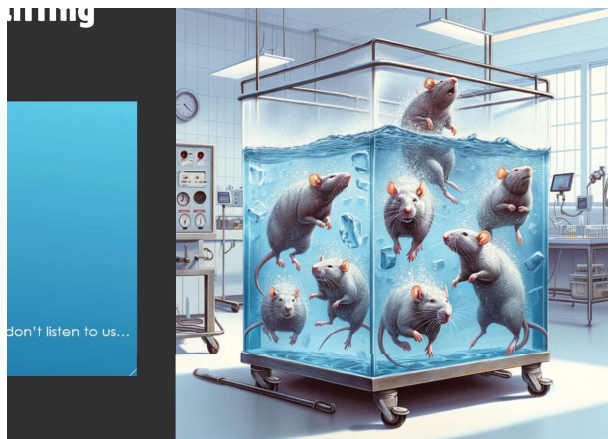


## Personal Helplessness

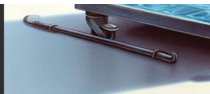
That's just the way I am...  
There's nothing I can do...  
He/she makes me so mad...  
They won't allow it...  
Nobody ever listens to me...  
I am no good at....

## Collective Helplessness

Forget it! We tried that before...  
The collective agreement won't let us...  
Management/staff/head office/customers/operations/sales ... don't listen to us...  
The systems/policies won't let us...  
It's deeply ingrained in our culture...



grained in our culture...



"My ambition has always been to be the greatest shell builder in the world; and without false modesty, I believe I have attained that goal. If I were to sell Boeing stock, I fear I would lose my incentive and become a wealthy man, but a second rate artisan. I prefer to remain a first-class artisan." George Yeoman Pocock, Master Shell Builder for Washington University

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"Reaching farther into yourself to discover hidden strengths and capacities. Doing more than you individually thought possible and doing so in service of a team goal." George Yeoman Pocock, Master Shell Builder for Washington University

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"Are you laying bricks or building a cathedral?"

"To see a winning crew in action is to witness a perfect harmony in which everything is right... That is the formula for endurance and success: rowing with the heart and head as well as physical strength." George Yeoman Pocock, Master Shell Builder for Washington University

# • Knowing Your Why

**"The Building is Clinically Involved, While we are not considered Care Givers, Patient Care & Outcomes is a Meaningful Part of The Healthcare Facilities Professionals Job."**

Mike Canales, HFL Program Director

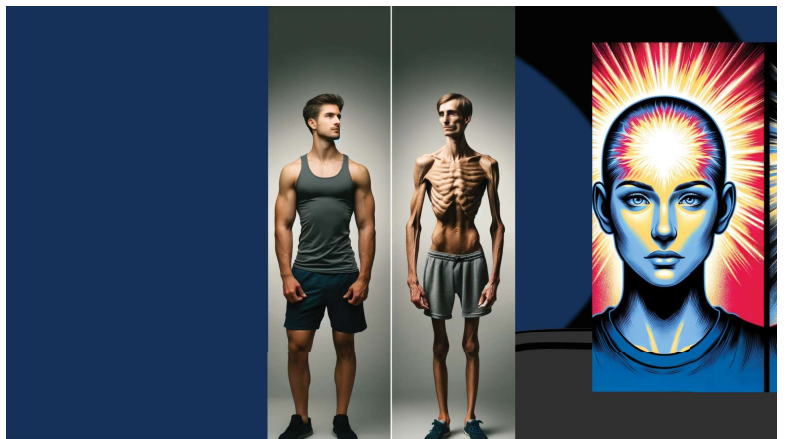
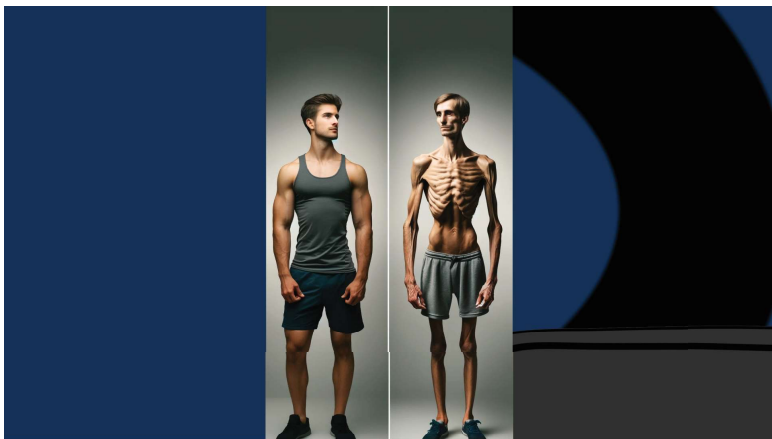
**"The Building is a Sentinel Standing by 24 x 7 x 365 Protecting The Most Vulnerable. Who Protects The Sentinel?!"**

Mike Canales, HFL Program Director





**Build Your Will!**

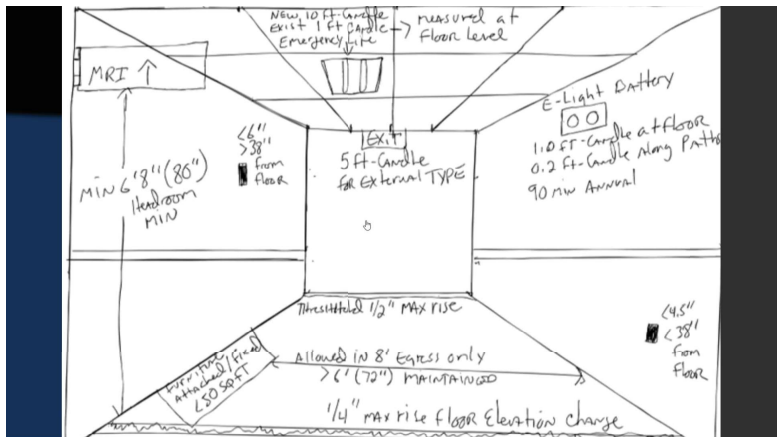


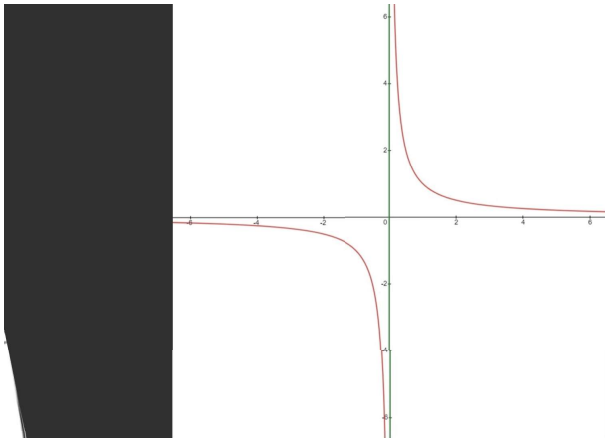


STRONG WILL VS ATROPHIED WILL?

STRONG WILL – More Hopeful & Fearless  
 ATROPHIED WILL – More Hopeless & Fearful

STRONG WILL – More Hopeful & Fearless  
 ATROPHIED WILL – More Hopeless & Fearful





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- Synonyms
- vigor
  - vim
  - zest
  - liveliness
  - animation
  - vitality
  - verve
  - elan
  - vivacity
  - enthusiasm
  - energy
  - eagerness
  - pluck
  - mettle
  - enterprise
  - drive
  - zeal
  - avidity
  - sprightliness
  - sparkle
  - ardor
  - fire
  - glow
  - warmth
  - courage
  - bravery
  - doughtiness
  - audacity
  - dauntlessness
  - stoutheartedness
  - daring
  - backbone
  - fortitude
  - boldness
  - stoutness
  - valor
  - staunchness
  - fearlessness
  - spunk
  - sand
  - outs
  - grit



**The Struggle is Real and  
the Struggle to be Real!**



▶ Grant me the serenity to accept the things I cannot change as a healthcare facility professional, Courage to change the things I can to improve patient care, And wisdom to know the difference. May I lead with compassion and dedication, Always striving for the well-being of our patients and staff.

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